

FACEBOOK MONETISATION FOR WOMEN CREATORS

A Practical Guide for Malayali
Women to Grow and Earn Online



By Lekshmipriya Nair

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Aklak Digital

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1.Introduction

Facebook is currently the simplest platform to earn money. You don't need advanced editing skills, expensive equipment, or a professional setup. The new Content Monetization system rewards **consistent, clean, relatable content** — even if it's shot with a basic phone.

The algorithm prefers:

- Real faces
- Malayalam text for malayalam users
- Short 6–8 second reels
- Simple lifestyle photos
- Calm, positive messaging
- Regular posting

Your daily routines, thoughts, and small moments are enough to build an audience. The more familiar your content becomes, the more Facebook pushes it to new viewers.

This ebook gives you a complete step-by-step system:

- What to post
- How often do you post
- How to grow from zero
- How much can you realistically earn
- How to use AI tools like Nano Banana
-
- How to stay consistent for months

By following this guide, you'll know exactly how to start, how to grow your page into a stable monthly income—without complications or confusion.

2. Why Malayali Women Creators Grow Faster?

Malayali women creators grow quickly on Facebook mainly because their content feels **real and consistent**. Simple lifestyle photos, short reels, and clean Malayalam captions naturally fit Facebook's algorithm, which prefers relatable and non-complicated content.

Kerala viewers respond well to creators who:

- Show their daily life
- Use simple Malayalam text
- Post regularly
- Keep visuals natural and clean
- Maintain a positive tone

Women usually follow a stable routine, and this makes their posting pattern more predictable. Facebook rewards this stability with better reach.

Because the content is easy to create and easy to consume, engagement increases fast — which leads to faster page growth and earlier monetization.

3. How Facebook Makes Money?

To understand how to earn from Facebook, you must understand how Facebook earns money.

Facebook makes money by showing ads.

Advertisers pay Facebook for:

- Impressions
- Clicks
- Sales
- Reach

This means Facebook must keep users:

- Active
- Engaged
- Scrolling
- Watching
- Commenting

If your content achieves this, Facebook rewards you with:

- More reach
- Higher visibility
- More monetized impressions
- Better earning

➤ **What Facebook Pushes?**

Facebook boosts content that:

- Stops scrolling within 1 second
- Keeps viewers for 4–8 seconds
- Gets comments or shares
- Has no sensitive topics
- Comes from consistent creators
- Creates positive or emotional reaction

➤ **Your Job as a Creator**

Your job is NOT to entertain everyone. Your job is to:

- Capture attention fast
- Hold viewers for a few seconds
- Give them emotion or relatability
- Encourage engagement

You become part of Facebook's business model.

The more engagement you generate, the more Facebook earns — and the more YOU earn.

4. What Facebook Wants From Creators

To grow and monetize, you must give Facebook EXACTLY what it looks for.

1. Consistency

- Posting daily → Facebook trusts you.
- Posting rarely → Facebook forgets you.

Consistency is more important than perfection.

2. Real Identity

- Facebook promotes real people.
- Women who show their face regularly grow faster.

3. Clean, Safe Topics

Facebook suppresses:

- Politics
- Controversy
- Violence
- News-type drama

It boosts:

- Motivation
- Lifestyle
- Parenting
- Calm content
- Wellness
- Home routines

Exactly the kind of content women naturally create.

4. Engagement

Facebook rewards creators who:

- Reply to comments
- Like comments
- Ask questions
- Encourage interaction

Engagement is more important than views.

5. Local Language

Malayalam content gets:

- More watch time
- More shares
- More emotional reaction

Facebook can clearly see this in your analytics.

6. Original Content

Even simple original content (your face + Malayalam caption) beats over-edited copied content.

Conclusion

Facebook wants creators who are:

- Positive
- Simple
- Consistent
- Trustworthy
- Real
- Engaging

This is why women grow naturally.

5. Content Monetization (2025)

Facebook's Content Monetization system pays creators for the reach their posts generate. Every time your content keeps people scrolling, watching, or engaging, Facebook earns through ads — and a portion of that revenue is shared with you.

You get paid for:

- Reels
- Photos
- Text posts
- Image posts
- Long videos

Earnings depend on how much attention and engagement you can create.

➤ **What Affects Your Earnings**

Your monthly income is influenced by:

1. Views

Higher views = higher earning potential.

2. Watch Time

Especially important for reels. Reels with 70–90% retention get pushed more.

3. Engagement

Likes, comments, shares, saves — all improve your score.

4. Audience Country

Indian audience pays less compared to foreign views, but Malayali audience gives higher engagement which balances it.

5. Content Quality Score

Facebook checks if your content is:

- Safe
- Original
- Consistent
- Clean
- Non-sensitive

Higher quality = higher CPM (earnings per 1,000 views).

6. Consistency

Posting daily increases:

- Reach
- Trust
- CPM
- Algorithm push

Facebook prioritizes creators who show up regularly.

➤ **Why This Model Works for Malayalam Creators:**

Short lifestyle content, Malayalam captions, and simple daily reels match the platform's preference for:

- Quick consumption
- Clean visuals
- Emotional clarity
- Easy-to-watch content

This makes the monetization system extremely beginner-friendly, especially if you follow a stable posting routine.

➤ **Other Monetisation Options (What Actually Works and What Doesn't)**

Facebook offers several earning methods apart from Content Monetisation. But most new creators misunderstand how these features work and when they actually generate income.

1. Stars (Very Hard With Malayali Audience)

Stars sound simple—viewers send Stars, Facebook pays you. But the truth is different, especially in Kerala.

Why Stars give almost no income for new creators:

- Malayali audience rarely sends Stars
- People prefer free content
- Only loyal fans send Stars
- Even medium-sized pages earn very little

Who earns from Stars?

Creators who are already:

- popular
- trusted
- posting regularly
- going LIVE often

For beginners: Stars will not give meaningful income.

2. Subscriptions

Subscriptions allow followers to pay a monthly fee for exclusive content.

Most creators think Subscriptions require big followers. But here is the actual truth:

Facebook activates Subscriptions for almost all creators within 1 month if the page is:

- posting daily
- showing your real face
- clean and safe
- consistent in one niche
- getting stable (even small) reach
- not violating policies

Follower count does *not* matter.

Why Facebook enables Subscriptions early:

It rewards active, consistent creators — not famous ones. That's why many small Malayali pages get Subscription access quickly.

But earning from Subscriptions is a different story

Activation is easy. Income is hard.

Malayali audiences rarely pay monthly.

They only subscribe when:

- they strongly like the creator
- content is face-based
- there is emotional connection
- creator posts regularly

People who are comfortable with glamorous outfits, fashion poses, stylish looks, and lifestyle content usually get Subscription income faster than others.

3. Storefront (Digital Product Sales)

Storefront lets you sell:

- ebooks
- PDFs
- templates
- presets
- digital downloads

Good feature, but:

It only works when:

- your audience trusts you
- your face is familiar
- your content is consistent
- you already have decent reach

Small pages will get very few sales. **Storefront becomes profitable only after you grow.**

4. Sponsorships & Brand Deals

Local Kerala brands pay for:

- reels
- photos
- promotions

But sponsors choose creators with:

- visibility
- consistency
- clean photos
- strong engagement
- personality-based content

New, small pages rarely get deals.

6. What to Post

Your entire growth depends on *what* you post. Facebook doesn't need complicated content — it needs **clean, relatable, simple posts** that your Malayali audience can instantly connect with.

The goal of your content is:

- Make people stop scrolling
- Hold attention
- Trigger a small emotional reaction
- Get engagement (like/share/save/comment)

Below is the complete breakdown of the BEST content types for Malayalam creators.

A. Photos (Essential for Growing Trust)

Photos are the strongest way to build trust, identity, and emotional connection. Malayali audiences respond best to **real photos, real life, simple moments, and clean captions**.

Your page grows faster when people repeatedly see **your real face + your daily life**.

1. Use Your Own Real Photos

Your real photos create trust and familiarity.

Post simple, clean shots like:

- Soft smile
- Side-angle
- Balcony portrait
- Tea/coffee moment
- Morning window-light selfie
- Calm walking photo
- Minimal indoor shot

These build your identity and recognition.

Captions to Use With Your Own Photos

Soft Calm-Life Captions

- “ഇന്ന് അല്പം slow.”
- “This is a choice.”
- “ഇതൊക്കെയാണ് എന്റെ pace.”
- “Peace mode today”
- “Soft day, soft mind.”
- “ഒരു ചെറിയ pause.”
- “Calm ആയാൽ എല്ലാം easy.”
- “Just a small moment.”

Click-Bait Questions

- “ഈ photo look okay ആണോ?”
- “ഈ colour എങ്ങനെയാണ്?”
- “Honest ആയി പറയൂ.”
- “Outfit okay ആണോ... change ചെയ്യണോ?”
- “1 മുതൽ 10 വരെ rate ചെയ്യൂ”
- “ഈ vibe match ആകുന്നുണ്ടോ?”
- “Which photo is better—1 or 2?”
- “എനിക്ക് suit ചെയ്യുന്നതു ഏതാണ്?”

Cute Short Captions

- “Simple look.”

- “Light day.”
- “Fresh mind.”
- “Soft smile.”
- “Just today’s moment.”
- “Happy today.”

Outfit Photo Captions

- “ഈ look എങ്ങനെയാണ്?”
- “Simple outfits > everything.”
- “ഇതുപോലെ outfits ഇഷ്ടമാണോ?”
- “This colour okay ആണോ?”
- “Which colour next?”

Emotional Soft Captions

- “ഇതൊക്കെയാണ് healing.”
- “Simple days സുന്ദരം ആണ്.”
- “എന്നെ cool ആക്കുന്ന vibe.”
- “Mind soft today.”

Engagement Boost Captions

- “ഒരു emoji കൊണ്ട് നിങ്ങളുടെ mood പറയൂ”
- “Positive comments only”
- “ഈ vibe describe ചെയ്യൂ—one word”
- “Good vibes ഉണ്ടെങ്കിൽ ”

- “Photo എങ്ങനെയാണ്? Quick answer”

Balcony / Tea / Walking Photos

- “Tea time therapy.”
- “Morning peace.”
- “Evening calm.”
- “Let the light do its magic.”
- “Walk ചെയ്ത് mind reset.”
- “ഈ balcony vibe feel ചെയ്യുന്നുണ്ടോ?”

Simple Confidence Captions

- “Simple but me.”
- “Soft confidence.”
- “Growing silently.”
- “Just me today.”
- “Staying in my lane.”

These captions create:

- Comments
- Emojis
- Quick reactions
- Higher reach

2. You Can Create Extra Outfits Using AI Studio

If you want more outfit variety:

Use AI Studio to generate different outfit versions of your real photo. It looks real

Real photos stay your main content — AI supports when needed.

3. Daily Life Photos + High-Engagement Captions

Malayalam audiences LOVE simple daily-life photos.

These feel real and relatable.

Daily Life Photos You Can Post

- Food you eat
- Food you cook
- Tea/coffee
- Backyard
- Plants / flowers
- Balcony view
- Evening sky
- Morning window light
- Kitchen corner
- Rainy day window
- Desk setup
- Sunday vibe
- Small home moments
- Aesthetic corners
- Outfit of the day
- Mirror selfie

- Walking photo
- Travel moment

Click-Bait Captions for Daily Life Photos

Question-Based

- “ഇത് നിങ്ങൾക്കും ഇഷ്ടമാണോ?”
- “ഇന്നത്തെ mood ഒരു emoji കൊണ്ട് പറയൂ”
- “ചായയോ കാപ്പിയോ?”
- “ഇതു morning vibe ആണോ evening vibe ആണോ?”
- “ഇതുപോലെ simple days ഇഷ്ടമാണോ?”
- “ഇത് try ചെയ്യുമോ?”
- “ഇന്ന് നിങ്ങൾ എന്താണ് കഴിച്ചത്?”

Emotional Soft Lines

- “ഇതുപോലെ ചെറിയ നിമിഷങ്ങളാണ് calm ആക്കുന്നത്.”
- “ഒന്നുമില്ലാത്ത ദിവസങ്ങളും മനോഹരമാണ്.”
- “ഇതൊക്കെയാണ് small happiness.”
- “Calm days > Busy days.”
- “Mind reset ചെയ്യാൻ ഇത്തരം moments മതി.”

Engagement Push

- “Rate ചെയ്യൂ — 1 മുതൽ 10 വരെ”
- “ഒരു good vibe comment today?”
- “Emoji മാത്രം കൊണ്ടു നിങ്ങളുടെ mood പറയൂ”

- “ഈ vibe feel ചെയ്യുന്നുണ്ടോ?”

Food/Cooking Photos

- “ഇത് നിങ്ങൾ try ചെയ്യുമോ?”
- “ഇന്നത്തെ food okay ആണോ?”
- “ഇതുപോലെ simple food ideas ഉണ്ടോ?”
- “നിങ്ങളുടെ favourite breakfast എന്ത്?”

Ultra-Clickbait (Use Sparingly)

- “ഈ photo കണ്ടപ്പോൾ ആദ്യം തോന്നിയത് comment ചെയ്യൂ”
- “ഈ vibe നിങ്ങളെ calm ആക്കിയെങ്കിൽ ഇട്ടൂ.”
- “ഇത് good ആണോ bad ആണോ? Honest ആയി പറയൂ.”

Summary

Your strongest photo strategy: **Your real photos + Your daily life + Click-bait Malayalam captions**

This combination builds:

- Trust
- Reach
- Monetization
- Community
- Fast page growth

Reels (Main Reach Engine — Malayalam-Friendly Under 8 sec Ideas)

Below are super-simple **6–8 second Malayalam-friendly reel ideas** that any woman in Kerala can do daily.

1. Balcony / Window Reels (Morning Vibe)

Length: 6–7 sec

Ideas:

- മുറി വാതിൽ തുറക്കുന്നത്
- മുഖത്ത് വെളിച്ചം പതിക്കുന്നത്
- ബാൽക്കണിയിൽ നിന്ന് ഒരു ചെറിയ glance
- മൃദുവായ ഒരു smile
- Hair ലെ ചെറിയ breeze

Text:

- “ഇന്ന് അല്പം സമാധാനം വേണ്ടിയിരുന്നു.”
- “Morning light = Mind calm.”
- “ഇതൊക്കെയാണ് എന്റെ vibe.”

2. ചായ / കാപ്പി Reels (Malayalam Evergreen)

Length: 5–6 sec

Ideas:

- ചായ ഒഴിക്കുന്നത്
- കാപ്പി പിടിച്ചു നിൽക്കുന്നത്
- ഒരു sip + soft smile
- പുക ഉയരുന്ന aesthetic shot

Text:

- “ചായയോ കാപ്പിയോ?”
- “Tea time = peace time.”
- “ഒരു ചെറിയ calm break.”

3. Outfit Reels

Length: 6–8 sec

Ideas:

- Slow walk
- Side turn + smile
- Dupatta/saree pallu adjust
- Mirror quick glance

Text:

- “ഈ look എങ്ങനെയാണ്?”
- “Simple look today ”
- “Rate this — 1 മുതൽ 10 വരെ”

4. വീട്ടിലെ **Calm-Life Reels**

Length: 5–7 sec

Ideas:

- Curtain തുറക്കുന്നത്
- Bed ഒന്ന് ശരിയാക്കുന്നത്

- Roomൽ soft light
- Book അടയ്ക്കുന്നത്
- Lamp on ചെയ്യുന്നത്

Text:

- “ഇതോക്കെയാണ് എന്റെ small peace.”
- “ഇന്ന് വീട്ടിലെ vibe calm.”
- “Slow നിമിഷങ്ങൾ → soft mind.”

5. Kitchen Simple Moments

Length: 6–7 sec

Ideas:

- Breakfast plate set ചെയ്യുന്നത്
- Water glass നിറയ്ക്കുന്നത്
- Vegetable ഒരു ചെറിയ cut
- Countertop wipe

Text:

- “സാധാരണ ദിവസങ്ങൾ അതാണ് സുന്ദരം.”
- “Kitchen calm vibe ”

6. Walking Reels

Ideas:

- Walk towards camera
- Walk side-angle
- Walk holding tea
- Walk + look back with smile

Text:

- “ഇന്ന് pace slow.”
- “Soft walk. Soft mind.”
- “ഈ vibe feel ചെയ്യുന്നുണ്ടോ?”

7. Soft Emotional Malayalam Reels

Length: 6 sec

Ideas:

- Eyes close ചെയ്യുന്നത്
- Slight head turn
- Soft smile
- Looking at sunlight

Text:

- “ഇന്ന് അല്പം ശാന്തി.”
- “ഒരു ചെറിയ calm മാത്രം.”
- “ജീവിതം slow ആക്കിയാൽ മനസ്സ് clear.”

8. കൈ മാത്രം കാണുന്ന Reels (Face Not Needed)

Length: 5–6 sec

Ideas:

- ചായ പിടിച്ച കൈ
- Book page turn
- Candle light ചെയ്യുന്നത്
- Plant touch ചെയ്യുന്നത്

Text:

- “Small moments → Big peace.”
- “Soft hands, soft mind.”

9. Food Reels (Kerala Audience LOVES This)

Length: 6–8 sec

Ideas:

- Lunch serve ചെയ്യുന്ന shot
- Evening snack plate
- Cutting fruit
- Kannimanga / ചമ്മന്തി shot

Text:

- “ഇന്ന് നിങ്ങൾ എന്താണ് കഴിച്ചത്?”
- “ഇത് try ചെയ്യുമോ?”

- “Simple food = Happy mind.”

10. Kerala Aesthetic Vibes

Length: 6–7 sec

Ideas:

- തേങ്ങ shot
- മഴത്തുള്ളികൾ
- ഇരുണ്ട മേഘങ്ങൾ
- പച്ചപ്പിന്റെ close shot
- Sunset sky

Text:

- “ഇത് കണ്ടാൽ calm ആകുന്നുണ്ടോ?”
- “Evening Kerala vibe ”

C. Malayalam Text Posts (High Engagement Format)

Malayalam text posts work extremely well because they feel personal, emotional, and relatable.

You can write:

- Short stories
- Your real experiences
- Thoughts on daily life
- Small observations
- Poetry
- Motivational one-liners

- Calm-life reflections

Combine these with **clean photos or AI-generated visuals** to get higher reach.

➤ **What NOT to Post (Very Important for Reach & Monetization)**

Some types of content **kill your reach immediately** and can even affect monetization eligibility. Avoid these completely:

1. Anything With Copyright Problems

- Movie clips
- Serial scenes
- Songs
- Reels copied from others
- TikTok/Instagram downloads
- Celebrity audio without permission
- WhatsApp status videos

Copyright = reach down + monetization issues.

2. Low-Quality or Confusing Content

- Blurry photos
- Dark selfies
- Messy background
- Shaky videos
- Over-edited reels

- Too many filters

Low quality = low retention = low reach.

3. Sensitive or Negative Topics

Avoid:

- Politics
- Religion debates
- Adult jokes
- Violence
- Tragedy content
- News arguments

These create restrictions.

4. Too Personal or Private Things

Avoid:

- Family fights
- Kids crying
- Medical problems
- Relationship complaints
- Money issues
- Negativity

People don't engage with negative energy.

6. Long Reels With No Value

Avoid:

- 20–30 second boring clips
- Reels with no movement
- No hook in first 2 seconds

Low retention → reach dies.

Only post long reels if there is:

- story
- value
- watch-till-end quality

7. Complaining / Begging Posts

Avoid:

- “Please follow my page”
- “Please like and share”
- “Nobody is supporting me”

These reduce distribution.

7. Posting Frequency

A consistent posting pattern helps Facebook understand your niche and push your content steadily.

A. Timing (What Matters & What Doesn't)

→ Photos — Timing Matters the Most

Best posting windows (Kerala audience):

- 8:00–9:00 AM
- 7:00–9:00 PM

→ Reels — Timing Doesn't Matter Much

Reels grow for hours and days, so timing is not critical.

→ Long Text Posts — Timing Also Doesn't Matter

Long posts get slow, stable reach.

Most important rule: Post at the **same time every day**, even if it's any time you choose.

B. First 30 Days — Mandatory Plan

For the first month, keep this simple routine:

Daily (Day 1 to Day 30)

- **1 Reel (7–8 seconds)**
Balcony, tea, outfit, calm-life, kitchen clips.
- **2 Photos with Malayalam Text**
One own photo + one daily-life photo.

Every 2 Days

- **1 Long Text Post**
(Short story, experience, thoughts, poetry.)

This builds:

- trust
- retention

- daily engagement
- clear niche signals

Your page becomes stable in **20–30 days**.

C. Why This System Works

- Reels → bring new people
- Photos → build trust + identity
- Long text → build emotional connection
- Consistency → improves reach & CPM
- 30-day pattern → algorithm understands your style

D. After 30 Days — Analyse & Scale

Go to **Professional Dashboard** → **Insights**.

Check:

- **Top 15 photos**
- **Top 10 reels**
- **Top 3 long posts**

Understand what worked:

- outfits
- backgrounds
- angles
- captions

- lighting
- reel style

Replicate those styles next month.

E. Month 2 Onwards — Upgrade Your Posting Pattern

If comfortable:

Daily

- **2 Reels per day**
- **2 Photos per day**

Every 2 Days

- **1 Long Text Post**

This is the ideal scaling model.

8. Viral Content Formula (with Malayalam Hooks)

Virality follows a predictable structure.

For a post to go viral, it must trigger:

1. **Hook** (first 2 seconds)
2. **Emotion**
3. **Retention**
4. **Shares**
5. **Rewatches**

Below is the improved, extended version.

1. HOOK (First 2 Seconds)

Your reel must start with a Malayalam line or visual that stops the viewer. These Malayalam hooks are proven to increase retention and reach.

Calm-Life Hooks

- “ഇനി calm mind.”
- “ഇതൊക്കെയാണ് ലൈഫ്.”
- “ഒരു സമാധാനം മതി.”
- “Calm ആയിരിക്കാൻ പറ്റും.”
- “ഒരു ചെറിയ pause.”

Motivation Hooks

- “നല്ലത് നടക്കും.”
- “ഇനി better days വരും.”
- “ഇതുവരെ ഞാൻ പഠിച്ചത്...”
- “ഓർമ്മയിൽ വയ്ക്കാൻ ഒരു വരി.”

- “നീ തളർന്നിരിക്കുകയാണെങ്കിൽ ഇത് കേൾക്കൂ.”

Emotional Hooks

- “ഇത് കേട്ടാൽ മനസ്സ് soft ആവും.”
- “ഒരു ചെറിയ realization പറയും.”
- “നമുക്ക് ഒക്കെ ഒരു ലൈഫ് തന്നെയാണ്.”
- “മനസ്സ് പറയുന്ന ഒരു വാക്ക്...”
- “നമ്മൾ മരണപോയത് ഒന്നു പറയട്ടെ.”

Parenting Hooks

- “അമ്മയായാൽ മനസ്സ് മാറും.”
- “കുട്ടിയെ നോക്കി ഒരു ചെറിയ thought.”
- “ഇതൊക്കെയാണ് parent ആകുമ്പോൾ മനസിലാകുന്നത്.”
- “കുട്ടിയെ കണ്ടാൽ മനസ്സ് soft ആകും.”

Lifestyle Hooks

- “ഇന്നലെ ഞാൻ മനസിലാക്കിയതൊന്ന്...”
- “മോണിങ് light-ൽ ഒരു ചെറിയ thought.”
- “ചായ എടുക്കുമ്പോഴൊരു വാക്ക്...”
- “ബാൽക്കണിയിൽ നിന്ന് പറയട്ടെ...”
- “നടക്കുമ്പോൾ മനസിലേയ്ക്ക് വന്നു.”

Self-Improvement Hooks

- “ഞാൻ തുടങ്ങിയത് ഇവിടെയാണ്.”
- “ചില പ്രവൃത്തികൾ ഞാൻ stop ചെയ്തു.”
- “ഒരു വാക്ക് ഞാൻ മനസിൽ വച്ചിട്ടുണ്ട്.”
- “ഇനിയുള്ള നല്ല കാര്യങ്ങൾക്ക് കാരണം ഇതാണ്.”
- “ഇതായിരുന്നു ഞാൻ മറന്നിരുന്ന lesson.”

Simple Everyday Hooks

- “ഇതൊക്കെ ഒരു small habit.”
- “ഇപ്പോൾ ഞാൻ പറയുന്ന വാക്ക് നോക്കൂ.”
- “നിങ്ങൾക്കും ഇത് സംഭവിച്ചേക്കാം.”
- “ഒരു ചെറിയ ഐഡിയ ഉണ്ട്.”

These hooks create:

- Curiosity
- Calmness
- Emotional response
- Familiarity

All of these increase retention — the main driver of virality.

2. EMOTION (Middle)

Your content must trigger a small emotional shift. Malayalam viewers prefer:

- Calm
- Soft

- Motivational
- Nostalgic
- Parenting-related
- Real-life relatable thoughts

Emotion is what makes people save and share.

3. RETENTION (End)

Reels should be **6–8 seconds**. Short, neat reels are easier for people to watch completely.

Retention boosters:

- Light movement
- Soft smile
- Clean background
- Clear Malayalam text
- Smooth pacing
- Natural expressions

High retention = high distribution.

4. SHARES

Shares are the strongest signal of value.

People share:

- Malayalam text reels
- Calm-life thoughts
- Parenting emotions

- Soft mornings
- Simple life lessons

Make your content “shareable,” not dramatic.

5. REWATCH

Short aesthetic reels get watched 2–3 times. Rewatch rate pushes content even further in the algorithm.

9. Audio Safety Rules

Audio is one of the MOST important parts of a reel. The wrong audio can reduce reach, mute your video, or even affect monetization. The right audio can double your retention and help your reel trend.

Below is the complete rule-set for Malayalam creators:

1. Use Only Facebook’s Built-In Audios

These are 100% safe:

- Facebook Music Library
- Any track that shows “**Use Audio**”
- Facebook-recommended trending audios
- Licensed tracks already inside the app

These audios have already been verified by Meta. If the audio appears **inside Facebook**, you can confidently use it.

2. AI-Generated or Original Audio is Safe

These audios are completely safe because *you* own them:

- Veo 3 AI background music
- ChatGPT-generated music

- Royalty-free stock music (uploaded as reel audio)
- Your own recorded voice
- Your own humming/talking
- Simple Malayalam voiceovers

These will never cause copyright issues.

3. Avoid Uploading External Music Files

Do **NOT** upload audio manually from:

- MP3 downloads
- YouTube downloader
- Movies / Series BGMs
- TikTok audio rips
- Screen-recorded songs
- Spotify recordings

These cause:

- Mute
- Warning
- Reduced distribution
- “Audio not allowed”
- Lower monetization score

This directly kills reel reach.

4. Malayalam Movie Songs – Use ONLY via Facebook Library

Malayalam songs get huge engagement, but ONLY if used safely.

Safe:

- If the song exists *inside* the FB Music Library
- If you see the “**Use Audio**” button
- If other creators are using it directly from FB

Not safe:

- Malayalam songs downloaded from outside
- Manual music upload
- Screen-recorded BGM from a movie scene

Even if the song is old, manual upload = risky.

5. Trending Audio Selection Tip

Pick:

- Calm Malayalam music
- Soft background instrumental
- Slow aesthetic tracks
- Female soft humming tracks
- Light piano / low-beat audio

These match the content style women creators use and lead to:

- Higher retention
- Better emotional reaction
- More shares

Avoid:

- Loud beats
- Fast, chaotic audio
- Meme audio
- Overly dramatic BGMS

They reduce watch time.

6. Keep Audio Volume Low

Best results:

- 8%–20% volume

Low volume gives:

- Aesthetic feel
- Clean visuals
- Better readability for Malayalam text on screen

High volume distracts → lower retention.

7. If Audio Disappears After Posting, Delete Immediately

Sometimes Facebook removes licensed audio after a few days. If your reel suddenly shows:

- “Audio removed due to copyright”
- “Sound unavailable”

Then:

- Delete the reel

- Reupload with an official FB Library audio

Do NOT keep reels with muted audio → reduces page quality score.

8. Summary Rule (Most Important)

- If the audio comes from inside Facebook → 100% safe.
- If you upload the audio yourself → risky.

10. Using AI Studio (Gemini) to Create Long Text Posts + Photos

AI Studio (Gemini) is the easiest tool to create:

- Long Malayalam emotional posts
- Short touching stories
- Calm-life reflections
- Kerala daily-life moments
- Matching AI photos for your text

This helps you post consistently without struggling for ideas.

A. How to Use AI Studio (Gemini)

1. Go to Gemini App
2. Log in
3. Type your prompt
4. Choose **Gemini or Nano models**

5. Generate the story + matching photo idea
6. Pair the text with your own photo or an AI-created photo
Done.

B. Simple Base Prompt Format (Use This Daily)

Paste this into Gemini when creating text content:

“Write a short emotional Malayalam story (4–6 lines) that feels like Kerala life. Then suggest a matching AI photo idea.”

This gives you:

- 1 Malayalam story
- 1 related photo concept

Easy to post every day.

Kerala-Themed Prompts (Story + Photo Idea)

Use these to generate viral-style Malayalam emotional content.

Each prompt instructs Gemini to **generate both the story and the matching photo**.

1. Buying a Car – Kerala Emotion

“Write a 4–6 line Malayalam story about a family going to see a new car, EMI fear, and excitement. Then suggest a matching AI photo idea.”

2. Credit Card Realisation

“Write a Malayalam story about overspending with a credit card and learning a simple financial lesson. Add a related AI photo idea.”

3. Insurance Reality Check

“Create a Malayalam story about someone taking insurance after a small scare, showing family protection. Then suggest a matching photo idea.”

4. Kerala Father & EMI

“Write a Malayalam story about a father calculating EMIs at night and an emotional moment with his child. Add a related AI image idea.”

5. Money Mistake + Learning

“Write a short Malayalam story about making a money mistake but learning from it. Then give a suitable image concept.”

6. First Salary Moment

“Create a Malayalam story about receiving the first salary and buying something for home. Add a related photo idea.”

7. Kerala Rain + Life Lesson

“Write a Malayalam story where Kerala rain triggers a calm life realisation. Suggest a matching photo idea.”

8. Petrol Price & Family Talk

“Write a Malayalam story about rising petrol price and a funny/emotional family conversation. Add a related photo idea.”

9. House Loan Dream

“Create a Malayalam story about dreaming of building a house, the struggle, and the hope in the family. Provide a matching AI photo idea.”

10. Tea Stall Wisdom

“Write a Malayalam story where a tea shop uncle teaches a life or money lesson. Add a matching photo idea.”

11. Kerala Bus Ride Memory

“Write a 4–6 line Malayalam story about an emotional moment during a Kerala bus ride. Add a related image idea.”

12. Gold Saving Story

“Create a Malayalam story about saving slowly to buy a small gold coin and the happiness it brings. Suggest a related AI photo idea.”

13. Grocery Budget Moment

“Write a Malayalam story about grocery shopping on a budget and finding a small happiness. Add a matching photo idea.”

14. EMI Stress + Family Support

“Create a Malayalam story about EMI tension and a comforting word from a family member. Add a suitable AI photo concept.”

15. Car Service Centre Thoughts

“Write a Malayalam story about sitting in a car service centre thinking about life, money, and responsibilities. Provide a related image idea.”

D. Posting Tip

Use these stories with:

- Your own photos, or
- AI Studio photos described in the prompts

Text + Photo = Higher **reach, shares, and saves**.

11.Using AI Studio (Gemini) to Change Outfits

AI Studio is the simplest tool to create multiple outfit versions of your photo.

You upload one photo → AI keeps your face, pose, background → only the outfit changes.

This helps you test which looks get more reach on Facebook.

A. Open AI Studio

Go to: Gemini App

Log in with your Google account.

B. Select the Nano Banana Model

Inside AI Studio:

1. Click **Model** dropdown
2. Choose **Nano Banana** (or the outfit-change/face model listed)

Nano Banana can:

- Change your outfit
- Keep your same face
- Keep your same pose
- Keep the same background (if instructed clearly)

C. Upload Your Photo

Click **Upload Image**.

Use a photo with:

- Clear front-facing view
- Good lighting
- No sunglasses
- No heavy filters
- Background visible

The clearer the photo, the better the output.

If you don't follow clear instructions, the AI will change your face — so be strict with prompts to keep your real identity intact.

D. Ready-Made Outfit Prompts (Copy-Paste)

Use these directly after uploading your photo.

1. Black Cotton Saree

“Using the woman from the provided photo, make her wear a black cotton saree with a red sleeved blouse. The saree should be neatly pleated and perfectly draped with slight visible midriff. Keep her exact expression, same pose, same background, and same lighting. Only change the outfit.”

2. Pastel Blue Kurti

“Using the woman in the provided photo, change her outfit to a simple pastel-blue kurti with 3/4 sleeves. Keep her same pose, expression, background, body shape, and lighting. Only change the outfit.”

3. Office Look (White Shirt + Black Trousers)

“Using the woman in the uploaded photo, change her outfit to a white formal shirt and black trousers. Keep her same pose, expression, hairstyle, and background. Do not change lighting. Only modify the outfit.”

4. Casual Jeans + Plain Top

“Using the woman from the provided photo, make her wear jeans and a plain fitted top. Keep the same pose, expression, body shape, hairstyle, and background. No lighting changes. Only change outfits.

5. Light Peach Saree

“Using the woman in the provided photo, dress her in a light peach saree with matching blouse. Saree should be neatly pleated and natural. Keep her same pose, expression, and background, without altering lighting. Only change outfits.”

E. Generate & Download

Click **Run / Generate**.

AI will produce:

- multiple outfit versions
- same face
- same pose
- same background

Choose the most natural results.

12. Common Mistakes Creators Must Avoid

Most creators fail because of simple mistakes that block their reach and delay monetization. Avoid these completely:

1. Not Following Facebook Guidelines

Violations reduce:

- reach
- distribution
- monetization eligibility

Avoid copyright, sensitive topics, political/religious content, and low-quality uploads.

2. Spending Too Much Time Creating Long Videos

If people don't watch till the end → reach drops.

Avoid:

- long slow reels
- over-editing
- 20–30 sec clips

Focus on clean **7–8 sec reels**.

3. Copying Old Creators & Their Style

Old Malayalam creators used:

- copyrighted audio
- movie clips
- long videos
- unsafe content

Most of them are **not monetized** today. Content Monetization is **new**. Copying old creators → **no reach + no monetization**.

4. Not Posting Daily

Skipping days resets momentum. The algorithm rewards **consistent daily posting**, not perfection.

5. Ignoring Insights

Insights show:

- best outfits
- best backgrounds
- best captions
- best reel styles
- best light

If you don't analyze → you repeat weak content.

6. Posting Only AI Photos for Too Long

AI supports content. Your audience needs **your real face** to trust you. Use: **70% real photos + 30% AI** max.

7. Using Too Many Filters

Filters reduce trust. Use natural light + simple backgrounds.

8. Posting at Different Times Daily

Timing matters for photos. Stick to:

- **8–9 AM**
- **7–9 PM**

Post at the **same time every day**.

9. Not Replying to Comments

Replying boosts:

- page activity
- trust
- distribution

Ignoring comments hurts reach.

10. Posting Negative or Complaint-Based Content

Avoid:

- “Please follow me”
- “Nobody supports me”
- Arguments
- Depressing energy

These kill engagement and restrict reach.

11. Waiting for Perfect Content

Perfection delays growth. Facebook rewards **simple, clean, daily content**, not studio-quality videos.

12. Giving Up Too Early

Most creators quit in:

- Week 1 when reach is low
- Week 2 when views drop
- Week 3 when no viral post comes

But Facebook starts pushing your content **after 20–30 days** of consistency. You must give the algorithm time to understand:

- your style
- your niche
- your audience

If you give up early → you never reach the growth stage. Consistency beats talent, creativity, and editing.

13. Content Monetization Guidelines

Content Monetization follows strict rules. Even one mistake can reduce reach or block monetization completely.

Below are the rules you must follow — and the main reasons creators fail.

A. Follow Facebook's Community Standards

Avoid:

- hate speech
- harassment
- bullying
- political fights
- religious debates

- adult content
- violence
- disturbing visuals

Keep your content clean and positive.

B. Avoid Copyright Violations

Do **NOT** use:

- movie clips
- serial scenes
- songs
- reels downloaded from Instagram/TikTok
- YouTube BGMs
- celebrity videos
- WhatsApp status videos

Copyright = **reach down + monetization blocked.**

C. Your Content Must Be Original

Create your own:

- photos
- reels
- text
- stories

Do NOT repost others' content.

Originality = high quality score.

D. Avoid Sensitive or Controversial Topics

Do NOT post:

- news fights
- political opinions
- religious views
- violence
- crime-related videos
- adult jokes
- serious tragedies

Your page will get restricted.

E. Avoid Restricted Topics

Meta reduces monetization for:

- health claims
- investment promises
- get-rich-quick posts
- income claims
- misleading offers

Stay simple and honest.

F. No Clickbait or Misleading Content

Avoid:

- fake stories
- dramatic thumbnails
- emotional manipulation
- false income claims

Facebook penalizes misleading content instantly.

G. Use AI Carefully

AI photos can support your content — but:

- Too many AI faces = low trust
- Unrealistic styles = low quality score

Use AI only for outfit variation, not identity.

H. Maintain Clean Page Quality

Your Page Quality must show:

- No copyright issues
- No restrictions
- No deleted content for violations
- No yellow/red warnings

Check regularly.

I. Use Safe Audio

Use:

- Facebook recommended audios
- Your own original audio

Avoid:

- movie songs
- serial songs
- downloaded BGM

Safe audio = safe reach.

J. Be Consistent

Facebook prefers creators who:

- post daily
- maintain niche
- follow timing
- build stable growth

Inconsistency delays monetization.

K. Show Your Real Face Regularly

Your identity matters.

Pages that show:

- real person
- real lifestyle
- own photos

L. Avoid Spam Behavior

Do NOT:

- post 20 reels at once
- repeat the same content
- buy followers
- ask “please follow me”
- use engagement groups

Spam signals = blocked monetization.

M. Avoid Low-Quality Content

Facebook reduces visibility for:

- blurry photos
- dark shots
- messy background
- shaky reels
- heavy filters
- very long boring videos

Clean visuals → High CPM.

14. How Long It Takes to Get Content Monetization

Facebook takes time to understand your content style, niche, and audience. Most creators get monetization in **30 to 90 days**, depending on consistency and quality.

Below is the clear breakdown.

1. Fast Creators (30–45 Days)

You can qualify in **1 to 1.5 months** if you:

- Post **1–2 reels daily**
- Post **2 photos daily**
- Post **1 long text every 2 days**
- Never miss a day
- Avoid all violations
- Use safe audio
- Show your real face regularly
- Keep clean Page Quality
- Maintain same posting time
- Have Malayalam audience (high engagement)

This is the fastest path.

2. Normal Creators (45–90 Days)

Most creators fall in this range.

You will reach monetization in **1.5 to 3 months** if:

- Posting is consistent but not perfect
- Some days you skip
- Reels are mixed quality

- Photos are not always clear
- Timing is not fixed
- Insights are not checked regularly
- Few minor mistakes happen

This is the normal timeline.

3. Slow Creators (90+ Days)

Monetization takes longer when:

- Posting is irregular
- Too many AI photos
- Content is mixed and confusing
- Niche keeps changing
- Violations or copyright issues
- Page Quality warnings appear
- Using long, boring reels
- Not replying to comments
- Using old creator style content

Facebook delays monetization because your page looks unstable or unsafe.

4. Followers Do NOT Matter

Monetization is NOT based on:

- follower count
- likes

- shares
- page age

Even a page with **0–200 followers** can qualify.

Monetization depends on:

- content quality
- originality
- consistency
- page safety
- engagement stability

Not follower count.

15.How Much You Can Earn (Earnings Breakdown – India)

Facebook Content Monetization in India pays based on:

- **Views**
- **Engagement** (likes, comments, shares)
- **Audience quality**
- **Country of viewers**
- **Content type** (Reels, Photos, Text posts)
- **Your Page Quality score**

This is the **most accurate earning breakdown** for Indian creators.

A. Earnings From Reels (India CPM Range)

Reels have the highest earning potential.

Typical CPM for India: ₹20 – ₹80 per 100,000 views (100k views)

This means:

Reel Earnings Table

| Reel Views | Expected Earnings |
|------------|-------------------|
| 100k views | ₹20 – ₹80 |
| 1M views | ₹200 – ₹800 |
| 5M views | ₹1,000 – ₹4,000 |
| 10M views | ₹2,000 – ₹8,000 |
| 20M views | ₹4,000 – ₹15,000 |

Reels do not pay very high individually, but they bring massive reach → which increases your earnings from **photos + text posts**.

B. Earnings From Photo Posts

Photo posts often earn **more per view** than reels because:

- Photos get higher retention
- Users read captions
- Comments are higher
- Malayalam audience engages strongly

Average CPM (India): ₹50 – ₹150 per 100,000 views

Photo Earnings Table

| Photo Reach | Expected Earnings |
|-------------|-------------------|
| 100k reach | ₹50 – ₹150 |
| 500k reach | ₹250 – ₹750 |
| 1M reach | ₹500 – ₹1,500 |
| 5M reach | ₹2,500 – ₹7,500 |

Women creators especially get higher reach on photos because real-life photos feel trustworthy.

C. Earnings From Text Posts (Malayalam Posts)

Malayalam text posts often get:

- high shares
- long reading time
- strong emotional engagement

Average CPM: ₹40 – ₹120 per 100,000 views

Text Post Earnings Table

| Post Reach | Expected Earnings |
|------------|-------------------|
| 100k reach | ₹40 – ₹120 |
| 300k reach | ₹120 – ₹360 |
| 1M reach | ₹400 – ₹1,200 |

Text posts + photos = your most powerful money combination.

D. Combining All Content Types (Realistic Monthly Earnings)

Here's a realistic monthly estimate if you follow the daily posting plan.

Beginner (Normal Growth)

- Monthly Reach: 3M – 6M
- Earnings: ₹2,000 – ₹6,000

Intermediate (Strong Growth)

- Monthly Reach: 10M – 20M
- Earnings: ₹10,000 – ₹30,000

Fast Growing Creator

- Monthly Reach: 25M – 40M
- Earnings: ₹20,000 – ₹50,000

High-Level Creator

- Monthly Reach: 50M – 100M
- Earnings: ₹50,000 – ₹1,20,000

These numbers are the MOST realistic for India in 2025.

E. Why Women Creators Earn More

Malayali women creators generally earn higher because:

- Their photos get more comments
- Lifestyle content is algorithm-friendly
- Calm-life reels work well
- Emotional text posts perform strongly
- Engagement is more genuine

Identity + trust = higher CPM.

F. Your Expected Earnings (Based on Your Strategy)

If you follow:

- 1 reel daily
- 2 photos daily
- 1 long text every 2 days
- Kerala audience
- No violations

Your expected earning:

- ₹6,000 – ₹20,000 per month (within 3–6 months)
- Can scale to ₹50,000+ after 6–12 months with consistent growth.

Summary

- Reels give reach
- Photos give money
- Text posts give followers who trust you
- Daily posting gives algorithm favour
- Women creators earn more due to identity engagement

16. Daily Routine (Only Total Time + How to Stay Motivated)

A. Total Time Needed Per Day

You only need **90 minutes per day** to grow your Facebook page.

Break it like this:

- **Reels:** 25 minutes
- **Photos:** 20 minutes
- **Long text post (every 2 days):** 15 minutes
- **Engagement (comments & interactions):** 15 minutes
- **Research + planning:** 15 minutes

Total: 90 minutes per day

This is enough for consistent growth.

B. How to Stay Motivated (Simple & Practical)

1. Post at fixed times daily

Choose **one** of these slots and stick to it:

- **Morning:** 8:00 AM – 9:00 AM
- **Evening:** 7:00 PM – 9:00 PM

Posting at the same time builds habit and gives stable reach

2. Don't wait for motivation

Treat content creation like a small daily task — do it even if you don't feel motivated.

3. Don't check reach too often

Checking reach every hour creates stress. Check **only once per day**.

4. Remember the timeline

Most pages start growing **after 20–30 days** of consistent posting. If you quit early, you never reach the growth stage.

5. Keep the goal small

Daily target is simple: 1 reel + 2 photos + 1 long post (every 2 days). Small, repeatable goals keep you consistent.

17. Content Monetisation Troubleshooting Checklist

(For Creators Posting 5+ Months But Still Not Monetised)

This checklist helps them confirm whether **ANY policy violation, page issue, or restricted action** is blocking monetisation.

No extra fluff — only what matters.

1. CHECK FOR COMMUNITY STANDARDS VIOLATIONS

Go to **Profile** → **Professional Dashboard** → **Account Status**

- Any **Community Standards violation** in the last 90 days?
- Any posts removed automatically?
- Any “Reduced Distribution” marks?
- Any content showing:
 - violence
 - adult content
 - hate speech
 - Misinformation
 - blood/injury
 - illegal activity

If YES → Monetisation will NOT activate. Delete those posts immediately if allowed.

2. CHECK FOR CONTENT MONETISATION POLICY VIOLATIONS

Open: **Professional Dashboard** → **Monetisation** → **Policy Issues**

- Any “Not eligible for monetisation” messages?
- Any content flagged as reused/repurposed?
- Any warnings about your reels or posts?
- Any notifications about partner monetisation violations?

If anything shows up here — that’s the reason.

3. CHECK FOR COPYRIGHT / INTELLECTUAL PROPERTY ISSUES

- Have you used copyrighted audio?
- Have you posted movie scenes / serial clips / songs?
- Have you used trending Instagram/TikTok clips?
- Have you posted news footage or memes taken from channels?
- Any copyright claim notices?

Even one copyright issue hurts monetisation score.

4. CHECK PAGE TRANSPARENCY ISSUES

Go to **Profile** → **About** → **Page Transparency**

- Page created recently?
- Old merged pages?
- Unusual admin addition?
- Country mismatch?
- Page category wrong?

Wrong page info can affect eligibility.

5. CHECK ADMIN HISTORY

- Did any admin ever post a problematic video
- Did any admin have previous page bans?
- Did you add or remove admins recently?
- Did someone else post a violation from your page?

Admin reputation affects your monetisation.

6. CHECK FOR REUSED CONTENT FLAGS

- Are you posting content reused from other platforms?
- Are your reels too similar to viral TikTok/Instagram content?
- Are you using template apps like Moj/CapCut without edits?
- Are you posting Canva template reels without voice or originality?

Reused content = zero monetisation chances.

7. CHECK FOR UNDERPERFORMING METRICS

Facebook doesn't monetise pages with poor metrics.

Check:

- Average watch time < 3 seconds?
- Returning viewers very low?
- Engagement extremely low?
- Reels stuck under 1,000 views always?

If yes, your page trust score is too low.

8. CHECK FOR VIOLATIONS IN OLD POSTS

Look at the last **365 days**.

- Any political posts?
- Posts with kids in unsafe context?
- Religious controversy posts?
- Anything showing alcohol, smoking, or risky content
- Emotional violence (fights, accidents, CCTV videos)?

Even old posts block monetisation silently.

9. CHECK LOCATION & COUNTRY SETTINGS

- Is the page location set to India?
- Is your profile in an eligible region?
- Are you using a VPN (big mistake)?

Wrong location = monetisation delay or block.

10. CHECK YOUR PAGE CATEGORY

- Category set to something strange (e.g., “Just for Fun”, “Community”)?
- Is it missing relevant categories like “Digital creator”?

The wrong category affects eligibility signals.

11. CHECK IF RECOMMENDATIONS ARE SUSPENDED

Go to **Post Insights** → **Distribution**

- “Your content is not being recommended” message?
- “Your distribution is limited”?

This directly stops monetisation from appearing.

12. CHECK FOR FACEBOOK BUGS (VERY COMMON)

Ask yourself:

- Monetisation section blank?
- Eligibility stuck on “In review” for months?

This is a known bug — but your page must still be clean.

FINAL QUICK SELF-TEST (YES = PROBLEM)

Answer honestly:

- Have I ever posted content not my own?
- Have I used Instagram or TikTok reels?
- Have I posted more than 5 photo reels?
- Have I posted trending movie/music clips?
- Have I posted anything about politics or accidents?
- Has Facebook ever removed one of my posts?

If **YES to any** → that is **BLOCKING** monetisation even after 5+ months.

WHAT TO DO IF YOU FAIL ANY CHECKPOINT

- ✓ **Delete all harmful content**
- ✓ **Post 14 days of clean original content**
- ✓ **Use your own voice**
- ✓ **Stop trending clips**
- ✓ **Keep niche consistent**
- ✓ **Remove suspicious admins**
- ✓ **Add complete page info**
- ✓ **Wait 2–6 weeks for review**

This fixes most CM issues.

Quick Start Guide, Do's & Don'ts, and 30-Day Posting Plan

This chapter gives you a practical, ready-to-use system. Follow this daily, and you'll grow faster—without confusion.

1. Quick Start Guide

Daily Requirements (Total: 90 Minutes)

- **1 Reel** (6–8 seconds, clean Malayalam content)
- **2 Photos** (1 your face, 1 daily-life moment)
- **Long Text Post** (every 2 days)
- **Reply to Comments**
- **Basic Planning/Research**

Best Posting Times

- **Morning:** 8:00–9:00 AM
- **Evening:** 7:00–9:00 PM

Content That Works

- Your real face
- Malayalam captions
- Calm-life reels
- Balcony / tea / morning light clips
- Daily routine photos
- Emotional Malayalam text posts

Content to Avoid

- Movie/serial clips
- Songs or audio downloaded from outside

- Long reels (20–30 sec)
- Political/religious/sensitive topics
- Negative/complaint-based posts
- AI-only photos

Timeline

- **30–45 days:** Fast creators
- **45–90 days:** Normal creators
- **90+ days:** Irregular creators

Simple rule:

1 Reel + 2 Photos + 1 Long Text (every 2 days) = steady growth.

2. Do's & Don'ts

Do This

- Post **daily**
- Use **Malayalam** in captions
- Show your **real face**
- Keep photos **clean, bright, simple**
- Choose **one niche** and stick to it
- Use **Facebook audio library only**
- Keep reels **6–8 seconds**

- Shoot using **natural light**
- Reply to **all comments**
- Check **Insights** every week

Don't Do This

- Don't upload **movie/serial/music** clips
- Don't use TikTok/Instagram **downloaded audio**
- Don't make long, slow reels
- Don't post **negative** or "please follow me" content
- Don't change niche every week
- Don't post at **random times**
- Don't use heavy filters
- Don't rely on AI photos
- Don't ignore Page Quality issues
- Don't expect results in **1–2 weeks**

Simple rule:

Clean + simple + safe = best reach + monetisation.

3. 30-Day Posting Plan

This 30-day plan helps Facebook understand your niche, identity, and consistency.

Week 1 — Build Identity

(Your page learns who you are)

Daily:

- 1 reel (balcony / tea / outfit / calm vibe)
- 2 photos (1 your face, 1 daily life)

Every 2 Days:

- 1 long Malayalam text post

Goal: Establish identity + freshness.

Week 2 — Build Consistency

(Reach becomes stable)

Daily:

- 1 reel (same style, better lighting)
- 2 photos (different background/light)

Every 2 Days:

- 1 emotional Malayalam story

Goal: Facebook starts recognising your posting pattern.

Week 3 — Boost Engagement

(Comments push distribution)

Daily:

- 1 reel
- 2 photos with engagement captions:
 - “Rate 1–10”
 - “Mood emoji”
 - “Which is better—1 or 2?”

Every 2 Days:

- 1 experience-based Malayalam text post

Goal: Increase comments, saves, and shares.

Week 4 — Scale Up

(Prepare for monetisation)

Daily:

- 1–2 reels
- 2 photos (soft, clean, consistent)

Every 2 Days:

- 1 long text post

End-of-Week Analysis: Check Insights → Last 30 Days:

- Top 10 reels
- Top 10 photos
- Top 3 long posts

Repeat only the formats that worked. Remove low-quality content.